

Hospital for psychiatry, psychotherapy
and psychosomatic medicine/ Werneck

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July 14, 2009

Specialized medical outpatient clinic report
of Mrs. Ariel Rosita King, born February 25,1962,
resident: Amoldstr. 34, 95447 Bayreuth, Germany

Mrs. King presented during a stay with a local friend in our primary care clinic with sleep disturbances, internal unrest as well as inclination to ruminate; the thoughts and narrations in the conversation thereby circled around her extremely difficultly experienced present family situation. The husband of the patient, living separated from her in the USA, seems to have been sexually abusing the natural 6-year-old daughter living with him for appr. three years. Moreover has the daughter been suffering from pronounced neutropaenia for a fairly long time, which the father, working as physicist himself, does not allow the causes to be clarified for.

Mrs. King, who initially made a well-balanced impression when arriving at the interlocation, then, during describing the events, seems to be internally turned up. Repeatedly does she not succeed in suppressing the tears; she sometimes seems desperate while talking. She reports to partly feel guilty for the ailments of her daughter; she mentions to feel depressed upon her

daughter's exposition to this substantial danger, which has already been prevalent for quite some time now.

In the discussion, the patient then gives some descriptions to their earlier marriage situation and for the behavior of the husband. In the course of this, she expresses the notion she had had for some time that her husband showed a certain inability to live in a relationship in the longer term. He had only maintained one "friendship" from the time he spent in Berlin (1991 – 2000). This "friendship" amounts to nothing more to them meeting once or at most twice a year in order to "go for a drink"; there is no further contact. During her marriage, she reported, she had to experience her husband act less openly and friendly only in the course of time. For example, when she was examined for a head injury suffered from a headstroke in the frame of a syncoscopy in the same hospital her husband works in, did he not even come over and only asked her on the phone to go home on her own. He did not care for his injured wife in this situation. He also lost his temper, e.g. he kicked her into the stomach during her pregnancy. Another situation took place in the Zambian embassy in the USA where the patient was working at those times in the frame of her profession. Two weeks ago, the husband had left his wife - which left the patient and her daughter homeless. The husband rushed into the Zambian embassy and attacked his wife verbally that aggressively so that six police cars were needed in order to stop him. The police then initiated police protection for Mrs King. This happened in July 2007. Based on this and other situations it became apparent that her husband tended to accuse others for mistakes he did not take over any responsibility for. When he separated from his wife and daughter, neither paying alimentation nor indicating his new address, he later blamed his wife to herself be guilty for her situation. During the years spent together did he not even feel like caring for his daughter on longer terms; the patient assumes her husband does not want to take over any responsibility for the child at present time since he – aside from the accusations of sexual abuse – continues to neglect the clarification of the causes for the child's neutropaenia.

This depiction arouses associations of a person who is only able to arouse little empathy, is unable to develop close ties on longer terms, disregards social norms and, above that, indicates hints of irresponsibility, a low frustration tolerance with inclination to irritability and aggressiveness as well as the inclination to accuse others of mistakes (which he is unable to feel guilty for).

These criteria must arouse suspicion that Mrs King's husband may have the subtle type of dissocial personality disorder. Persons carrying this type of disorder are "artists of deception, who seduce, defraud and, by means of subtle manipulation, exploit people but thereby are able not to appear to have criminal tendencies but to be a successful person" (also see "Personal Disorders" by Herpertz and Saß, page 75, published by the Thieme Verlag). Moreover, this type of disorder is, due to his character attributes with lack of capability to establish a relationship and exploiting character fails to be able to function as a parent.

The described current situation of the daughter appears indistinct, but – for the life of the daughter – quite menacing. From a medical point of view I consider an immediate, Ariel

Ariel Rosita King

independent medical examination – with regard to the unclarified neutropaenia as well as to the sexual abuse – vitally necessary, at the best in one of the countries speaking the native language of the daughter, i.e. Germany.

Although Mrs King even had to spend six weeks in an American prison in the course of these domestic conflicts, she - despite all these circumstances – accomplished the task to recover from a priori even more obvious symptoms like pronounced insomnia and a beginning loss of weight (26 lbs) by the communication with friends, workout and a strongly disciplined *modus vivendi*. She thus no longer suffers from disorders to fall asleep, only to sleep through the night; added together was she able to regain 18lbs of the lost 26lbs.

Mrs Ariel Rosita King in my opinion suffers from an adjustment disorder as defined per ICD 10 F 43.2. The fact that the still existing massively difficult domestic situation does not obstruct her symptoms to decrease, which argues for a strong psychic load-carrying capacity. The depicted symptoms are quite easily to be sympathized with, taking the completeness of circumstances into consideration. There are, from a medical specialist's view, no indications for any other, aside from these, present psychic disorders like e.g. psychogeography.

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I hereby attest to the accuracy and completeness of this translation.

